

HOW TO TIE A FISHTAIL KNOT



1. INSERT THE LACES INTO EYELETS RUNNING VERTICALLY





2. CROSS YOUR LACES AND BRING EACH SIDE UP AND OVER THE LOOP ON THE OPPOSITE SIDE







3. REPEAT THIS STEP 3 TIMES (FOLLOW STEPS LEFT TO RIGHT)





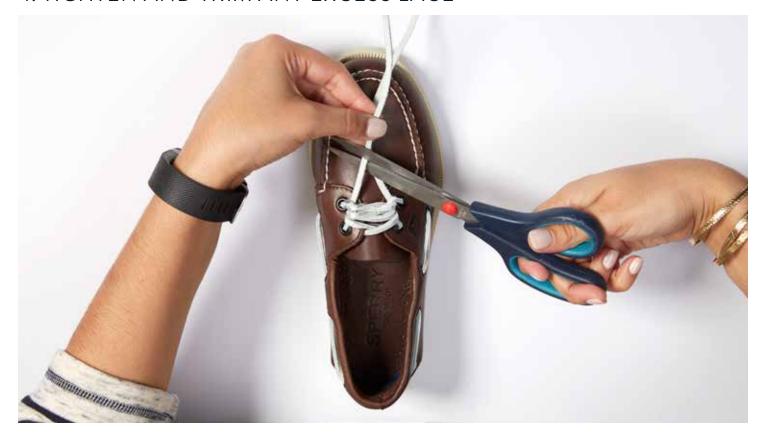








4. TIGHTEN AND TRIM ANY EXCESS LACE



5. TUCK END OF THE LACES BEHIND THE BRAID



DONE!



